

Newborns

For **EMERGENCIES** and **URGENT ISSUES** call 911.

For **POISON EMERGENCIES** call (800)222-1222.

For **NON URGENT ISSUES** call our office at (410)583-2955.

SIGNS OF ILLNESS IN YOUR NEWBORN LESS THAN 6 WEEKS OF AGE:



- Fever of 100.4 Degrees, taken rectally.
- Refusing to eat two times in a row.
- Inconsolable crying or irritability.
- Hard to awaken or difficult to arouse (i.e. skips more than 1 feeding)
- No wet diapers for 12 hours.

Do NOT give Tylenol unless directed by pediatrician.

Do NOT use an ear thermometer, please check temperature rectally.

WATCH FOR SIGNS OF CORD INFECTION:

- Redness extending beyond the base of the cord; swelling; foul odor
- It is not uncommon to have a small amount of bleeding during cord care or when the cord falls off.

BABIES EAT FREQUENTLY:



- Breastfed babies eat every 2 – 3 hours (or more during growth spurts).
- Formula fed babies eat every 3 – 4 hours.
- Growth spurts usually occur at 2 weeks, 4-6 weeks, and 3 ½ months. Babies may be quite fussy during these times.
- Babies may be especially fussy around 4-6 weeks due to developmental changes that resolve around 2-3 months.

BABIES STOOL FREQUENTLY:

- Initially, breastfed babies stool 5 – 6 times a day. This may change after several weeks and your baby may not stool for a few days at a time.
- Formula fed babies stool 1-3 times a day.
- Babies bowel movements patterns may change. (The only colors to report are black, white or red).

BABIES SHOULD ALWAYS BE PLACED ON THEIR BACKS TO SLEEP.



- Studies have proven this drastically reduces the incidence of sudden infant death syndrome (SIDS).
- No loose blankets or stuffed animals should be placed in the crib.

BABIES SLIDE, ROLL AND CRAWL:

- Never leave the baby unattended when changing, bathing, or on an unprotected elevated surface.

CAR SEAT SAFETY:

- **ALWAYS** use a car seat. Infants should be positioned in a rear facing car seat in the center of the back seat until 2 years of age.
- **NEVER** place the newborn in the front seat.